

Your Beauty Questions, Answered



Worrying causes wrinkles—who needs those? Columnist Andrea Pomerantz Lustig can solve all your toughies.

Got something to ask? E-mail andrea@glamour.com.



Lilac lips: not just for summer anymore

Q My hair color fades after four weeks. What's the best way to prevent that?

Easy—use a color-protecting shampoo, which safeguards hair against the dulling effects of the sun and water. A little dye rinses out every time you wash, notes colorist Sharon Dorram of Sharon Dorram Color at Sally Hershberger salon in NYC. I like Nexxus' moisturizing kind, right; it gets me an extra month out of my highlights. Also good: Kiehl's Sunflower Color Preserving Shampoo (\$18, kiehls.com). The oil in sunflowers is a natural UV blocker, and you never see *them* fade.

DYE-JOB SAVER
Nexxus Dualiste Color Protection + Intense Hydration Shampoo (\$12, at drugstores)



Q I always get blackheads on my nose. What can I do? Hate them!

I'll say. They happen when bacteria and oil plug pores, so keep yours superclean. Use a salicylic acid cleanser, says Barrington, Illinois, dermatologist Amy Derick, M.D. Promising new research from the University of Miami has shown that a diet low in refined sugar and carbs, found in foods like white bread and pastries, can generally help ward off acne—so see if cutting back has an effect. To get the gunk out, nothing (except a facial) beats Bioré Deep Cleansing Pore Strips (\$6, at drugstores)—so satisfying.



FALL-CLEAN YOUR PORES
Neutrogena Oil-Free Acne Wash Pink Grapefruit Facial Cleanser (\$6, at drugstores)

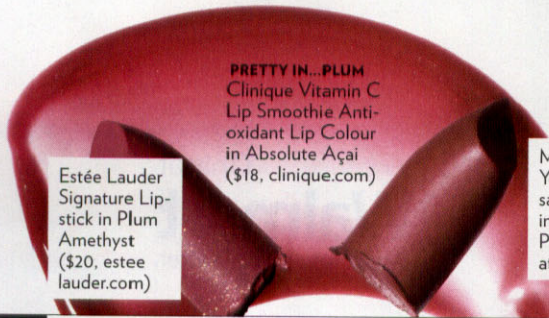
Q Plum and violet lipstick are nice on stars, but can any woman work them?

Definitely. Once a goth-girl thing, purply shades are a lot softer this season. Pair with black mascara and rose blush, says NYC makeup artist Rose-Marie Swift. It's a nice break from my usual pink lipstick. I'm in love!



ALICIA KEYS

Maybelline New York Color Sensational Lipstick in Yummy Plummy (\$7.50, at drugstores)



PRETTY IN... PLUM
Clinique Vitamin C Lip Smoothie Antioxidant Lip Colour in Absolute Açai (\$18, clinique.com)

Estée Lauder Signature Lipstick in Plum Amethyst (\$20, estee.lauder.com)

Beauty Dos

DO make your blush look totally real. Makeup artist Autumn Moultrie dusts translucent powder over cream or powder cheek color. Give it a go; your blush will seem more natural, like it's come from within, not smeared on.

DO matte your manicure. The shine-free finish I saw backstage at



GILLES



BLUSH BETTER!
Try Chanel Powder Blush in In Love (\$42, chanel.com) topped with...

...CoverGirl Professional Translucent Loose Powder in Translucent Light (\$6, at drugstores).

the spring-summer fashion shows is so fresh. Apply polish (skip topcoat), dry, and run a nail buffer or chamois cloth over it.

DO defrizz hair with clear mascara. It instantly tames flyaways, says star stylist David Babaii, who turned Kate Hudson and Angelina Jolie on to this tip.

STILLS: WORLD PICTURE SERVICE; TOP RIGHT: KENNETH WILLARDT; POMERANTZ LUSTIG; REBECCA GREENFIELD; GILLES MODEL: COURTESY OF CND; KEYS: KEVIN MAZUR/WIREIMAGE.COM

beauty quickie A really gorgeous look: Using your finger, swipe violet lip gloss on your eyelids, too.